

26th Annual
Woodlands Masters Swim Team
Championship Relay Meet
Saturday, January 9, 2010

- Date:** **Saturday, January 9, 2010.** Warm up opens at 9:00 am, Meet starts at 10:30 am.
- Location:** Conroe ISD Natatorium, 19133 David Memorial Drive, Shenandoah, TX 77385
Natatorium Phone Number (936)-709-7259
- Facilities:** Competition will be held in the 67 meter double bulk-headed pool. The 25 yard competition course is eight nine foot lanes. During the meet, lanes will be available in the adjacent 25 yard course for warm up and warm down.
- Eligibility:** Participants must be 18 years old as of the day of the meet. You may enter with the group you swim with. Although this meet is not a sanctioned event, Conroe ISD requires that all swimmers be registered with USMS. **Therefore, it is mandatory that every swimmer be registered with United States Masters Swimming. Cards will be checked prior to gaining access to the pool.** Single Event Registration will be available for those who need to register the day of the Meet. However, competitors are encouraged to register with USMS for the full year – it's the better deal.
- Rules:** United States Masters Swimming Rules for short course. **Strict observance of Natatorium policies (see next page).**
- Age Groups:** 18+, 35+, 50+. The age group for each relay is determined by the youngest swimmer on the relay.
- Scoring:** The meet is a timed finals meet. Points (18-14-12-10-8-6-4-2) are awarded for the top eight finishers in each age group. No points are awarded for fun relays.
- Awards:** Awards will be announced at the conclusion of the Meet and are as follows:
- High point team – Men
 - High point team – Women
 - High point team – Combined
 - High point team – Most points per swimmer
- A nameplate will be engraved to be included on a permanent plaque that is displayed at the Natatorium.
- T-Shirts:** Relay Meet T-shirts will be available for sale the day of the Meet.
- Entries:** Fees are \$12.00 per Relay excluding the fun relays and are due the day of the Meet. Each participant may swim a maximum of five events excluding the fun relays. There is no limit on the number of relays per event. **Team Rosters, Team Registration Forms, and Relay Entries are due to the Meet Director electronically by Sunday, January 3rd. The preferable format is Meet Manager, but an Excel Spreadsheet is acceptable (sample attached). Changes in relays may be made until 9:30 am on the day of the Meet (January 9th)**

For additional information, contact the Meet Director Tom Boak by email at tboakjr@comcast.net or by phone at 281-363-0672 (home) or cell 713-503-0819.